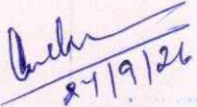


Indira Gandhi National Open University Center Code: 06033

Certificate Programme in Yoga (CPY) Schedule

CourseCodes:BYG-001,BYT-002,BYGL-001

Date	Time	Programme	CourseCode&Subject Title
04/10/2026(Sun)	07:00AM-09:00AM	CPY	BYGL-001(Practical Session - Phase 1)
11/10/2026 (Sun)	07:00AM-09:00AM	CPY	BYGL-001(Practical Session-Phase1)
18/10/2026(Sun)	07:00AM-09:00AM	CPY	BYGL-001(Practical Session-Phase2)
25/10/2026(Sun)	07:00AM-09:00AM	CPY	BYGL-001(Practical Session - Phase 2)
01/11/2026 (Sun)	07:00AM-09:00AM	CPY	BYGL-001(Practical Session - Phase 2)
08/11/2026 (Sun)	NO CLASS	DIWALIHOLIDAY	--
15/11/2026 (Sun)	09:00AM-11:00AM	CPY	BYG-001&BYT-002 (TheoryDoubt Clearing)
22/11/2026 (Sun)	07:00AM-09:00AM	CPY	BYGL-001(Practical Exam & Review)


24/9/26
Coordinator
IGNOU Study Centre-06033
Govt. P. G. College Sector-1
Panchkula